HEBREWS LESSON 6 CHAPTER 4:1-13

*Read Hebrews 4:1-7*

1) What is “therefore” referring to?

2) What is the warning about what remains?

3) How would you recognize and warn yourself or others not to fall short of the rest that God promises?

4) What was the “good news” (*gospel*) preached to the Israelites? See Exodus 6:6-8 & Hebrews 4:6.

5) What is the “good news” preached today? Titus 2:14

   What must happen for the “Gospel” of the Old Testament and New Testament to be of value?

6) What “rest” is meant in:
   - Psalm 95: 11?
   - Hebrews 4:3?
   - Matthew 11:28-30?
   - Revelation 14:13?
   - Joshua 21:43-45? What does Hebrews 4:8 teach about the Joshua “rest”?
HEBREWS LESSON 6 CHAPTER 4:1-13

Read Hebrews 4:8-13

7) What “works” should people today rest from? See vs. 10

8) Read Numbers 14:11, 22-23. Note the use of believe and disobedience. What word does Hebrews 4:6 and 4:11 use? Explain the significance of this.

To whom does “their example” in vs. 11 refer, and what was their example?

9) Grave headstones often have inscriptions that use the word or idea of “rest”. For example: “Entered into rest on …”; “Rest in peace”; “At rest with God”; “Asleep with Jesus”.

In light of Hebrews 4, would you choose that for a grave headstone? Why or why not?

10) How can a person make every effort to enter rest?

11) Describe what it means that God’s Word is living and active.

What happened when you experienced God’s Word being sharp or penetrating?

12) Why do you think the writer links the word of God with rest?

13) If you were to give an account before God today, what would be your greatest fear? How could you find “rest” from this fear?